

Becoming A Brilliant Star

Physical Development

(Ch 29)

Do you want to improve the world?
I don't think it can be done.

The world is sacred.
It can't be improved.
If you tamper with it, you'll ruin it.
If you treat it like an object, you'll lose it.

There is a time for being ahead,
a time for being behind;
a time for being in motion,
a time for being at rest;
a time for being vigorous,
a time for being exhausted;
a time for being safe,
a time for being in danger.

The Master sees things as they are,
without trying to control them.
She lets them go their own way,
and resides at the center of the circle.

(Ch 39)

In harmony with the Tao,
the sky is clear and spacious,
the earth is solid and full,
all creatures flourish together,
content with the way they are,
endlessly repeating themselves,
endlessly renewed.

When man interferes with the Tao,
the sky becomes filthy,
the earth becomes depleted,
the equilibrium crumbles,
creatures become extinct.

The Master views the parts with
compassion,
because he understands the whole.
His constant practice is humility.
He doesn't glitter like a jewel
but lets himself be shaped by the Tao,
as rugged and common as stone.

Compiled by: B. Matthews, July 1999

Source: Lao-Tzu. (1995). Tao Te Ching (Trans. by S. Mitchell). Available online:
[<http://rhino.harvard.edu/elwin/pJoy/toatechingNoFrame.html>]

URL: <http://chiron.valdosta.edu/whuitt/religion/taoism/02physical.pdf>