Test 5 - Measurement of Verticality (Static Balance)

Overview

This test measures a child's ability to maintain his balance while keeping his eyes closed. The child's eyes are closed in order to eliminate visual factors in the maintenance of balance. Thus the child's performance should depend on how well he has learned to respond to proprioceptive cues in order to maintain balance. The only materials required for this test are a stop watch and a Balance Test Scoring Form. Please read the entire instruction booklet before administering any tasks.

Task 1: Standing Normally

This task requires the child to stand with his feet parallel and at shoulders width apart (i.e., to assume a "natural" standing position). The examiner should recite the following directions to each child (Instructions in parentheses are directions of the examiner):

Hi! I'm	(examiner's name).
What's your name?	(child's name). I'm
going to ask you to do some things, okay?	First I want you to stand
like this. (Demonstrate the position desc	ribed above.) Now you do
it. (Make sure the child is in the correct	t position. Demonstrate
again if necessary.) Now when I ask you to	o close your eyes, close
them and just stand there until I ask you	to stop. Make sure you
don't open your eyes until I tell you to.	O.K., close your eyes.
(When the child closes his eyes, start the	stop watch. Stop the

watch only if the child lifts his foot from the floor while attempting to balance. If the child balances successfully for thirty seconds, ask him to open his eyes and rest. In addition to timing the child's performance you must rate the performance on the Static Balance Tasks Scale which is presented in the section on scoring. Record the results on the Balance Test Scoring Form in the same section.)

Each child is required to complete two trials. Ask the child to resume the position, demonstrating again if necessary. Ask the child to close his eyes and repeat the test. The results should be recorded on the Balance Test Scoring Form.

Most children at the end of kindergarten will have little difficulty with this task. It will be helpful to observe this performance carefully, since the ease of the task for most children means that these children will display an adequate balance pattern. Typically a very slight, almost imperceptible sway will be observed. There may also be a tendency for the child's back to suddenly "collapse" and then immediately regain its former position. Neither of these occurences indicate inadequate balance patterns. In particular, the nature of this slight almost imperceptible motion should be noted when it occurs as performance on the other more difficult tasks may be compared to this standard in using the Static Balance Task Scale.

Task 2: Modified Romberg

This task requires the child to stand with one foot ahead of the other. The heel of the front foot and the toe of the rear foot should lie in a straight line. The feet should be parallel and about shoulders

width apart. Demonstrate this position to the child and ask him to take the position. Point out that he may choose whichever foot he wishes to as the front foot. Make sure the child has adopted the correct position. Ask him to close his eyes and then score the performance in the same manner as the previous subtest. Two trials should be completed and the results recorded on the Balance Test Scoring Form.

Task 3: Romberg .

This subtest requires the child to stand with one foot in front of the other, that is, in a heel to toe position. The feet should be in a straight line. Demonstrate the position and then ask the child to assume the position. Tell the child to close his eyes and score the subtest in the same manner as before. If the child does not appear to get his balance at all, the trial may be repeated. In some cases it will be helpful to support the child until he gets his balance and to begin timing when you stop supporting the child. Again, two trials should be completed, and the results of both trials recorded.

Task 4: Standing on One Foot

This task requires the child to stand on one foot. Demonstrate the position to the child and ask him which foot he prefers to stand on. Ask the child to close his eyes and then tell this child, "Lift this foot, do not hop or move around." The stopwatch is started as soon as one foot is lifted and stopped when the foot is placed on the ground again even momentarily, or when the child hops or moves the foot on which he is standing. If the child does not catch his balance at all, the

trial may be repeated. This should only be done when the child loses his balance immediately. In some cases it will be helpful to support the child until he gets his balance and to start the stopwatch when you stop supporting the child. Again two trials should be completed. This task is not scored on the Static Balance Task Scale.

Description of Adequate Balance Patterns

In all tasks the child should stand or move easily with a very slight almost imperceptible rhythmic flow of movement from front to back or from side to side if any sway or tendency to deviate from an erect position occurs. Undesired deviations from this pattern include jerky, rigid, or overemphasized control throughout — or at any point during a task, or a great deal of movement of the arms or legs, or a great deal of rocking back and forth or from side to side in an effort to maintain balance. Extremes of these two faults would be stiff, uncomfortable appearing erect positions and actual falling. These descriptions are to be used in rating the children on each task.

Static Balance Task Scale

Assign a numerical rating of one to five to each child's performance on the static balance task according to the following criteria:

- 1. Removes a foot from the floor in order to maintain balance
- 2. Exhibits a jerky motion to regain balance more than once during the 30 second time period
- 3. Exhibits a jerky motion to regain balance once during the 30 second time period or exhibits a large though rhythmic sway

throughout most of the thirty second time period

- 4. Exhibits a slight though rhythmic sway throughout most of the 30 second time period
- 5. Maintains balance throughout the 30 second time period without exhibiting undesired deviations (see Description of Adequate Balance Pattern)

Balance Test Scoring Form

This form is used to record the results of the four tasks of the Balance Test. The name of each child who will be taking the test is found in the left margin. For tasks one through three, the time measure (T) should be entered in the left half of the box, while the numerical rating (N) should be entered in the right half.

Child's Name	Trial	Tasl		Tasl T		Tas T		Task 4
	1							
•	2							
	1							
	2							
	1					<u> </u>		
	2.			<u> </u>				
	1		ļ	-				
	2.			ļ				
	1			<u> </u>		<u> </u>	 	
	2	-	-			-		
	1	-	-	-	-	-	-	
	2	_					-	
	1			_	-		-	
	2		-		-	-	-	
	1		-	-	-		-	
	2		_		-		-	
	1		-	-	-	-	-	
	2			-	-			
		_	-			-	-	
·	2							

Test 6 - Measurement of Co-operation

Co-operation is a human value which underlies the ability to establish and maintain ordered relationships wherein human behavior is mutually beneficial. The quality of this value is determined by the extent to which acts of assistance and contribution are observable during the performance of some group enterprise. This test provides the group enterprise in the form of an assigned task to be completed by a group working together. An instrument for tallying categories of behavior is used to "score" individual and group performance.

Since the use of observational techniques is employed it is very important that the observer meet the following conditions before administering the test:

- 1. thorough understanding of the nine categories of behavior.
- 2. familiarity with the tally sheet.
- 3. accuracy in estimating 5 second intervals.
- 4. comfortability in the process of test administration.

 Trial runs are recommended in order to test whether or not the above conditions have been met.

Descriptions of Categories of Behavior

There are nine categories of behavior:

Assisting - child helps another child with a specific task

within the overall assignment. This assistance is

given spontaneously and not as a result of attending

to another child's request (the latter would fall in the responding positively category).

- Taking Turns child shares materials or waits to do a specific task that cannot be done until another child has completed his specific task.
- Contributing Verbally child speaks to other children concerning the task. This verbal behavior must be in the form of either praising another child's work, requesting assistance, giving suggestions, or describing any specific task in terms of its relationship with the overall task.
- Responding Positively child responds positively to the verbal or non-verbal initiation of others. Initiation can be in the form of requests, suggestions, or assistance.
- Contributing Independently child is working alone but contributing directly to the task.
- Onlooking child just watches other children and is not contributing to the task.
- Non-Participation child is not participating in group task.

 He may be preoccupied with another task even though
 he has close proximity to other children.
- Responding Negatively child responds negatively to the verbal or non-verbal initiation of others.
- <u>Distracting/Disrupting</u> child distracts others from group task intentionally or unintentionally. He <u>compels</u> others

even though when he wants them to do may contribute directly to the task.) Child annoys the others.

Assigned Tasks

Three group tasks were found to be good indicators for testing co-operation: 1) coloring a mural or any large picture that must be decided by the group; 2) clearing, cleaning, and restocking book shelves; and 3) building some structure (to be determined by the group) with building blocks. The third task seems to be the best one for detecting co-operative and non-cooperative behavior.

Instructions for Test Administration

- 1. Randomly pick 3 children and place names in the appropriate places on the tally sheet.
- 2. Give instructions to the children. For example, if they are to use the building blocks, one might say:

"You are to build one structure and it can be anything you want it to be. But all 3 of you must decide on one thing only. You cannot build things separately. You must build the one structure together. Okay, begin."

- 3. Write down starting time.
- 4. Observe first child for 5 seconds, assess behavior, and check off assessed category of behavior in column one on the tally sheet (see the next page for a copy of the tally sheet). Do

the same for the second child and then the third child.

- 5. Repeat #4 using column 2. Continue this process until assessed category of behavior is checked off in column 10 for the third child.
- 6. Write down the time observations were completed and not the time the task was completed. Note: It is a good educational practice to allow the children to complete the task even though the observer is finished with his observations.

The observer should understand that he may require a little time to assess behavior that was observed during the 5-second time interval. In fact, added behavior may have to be observed before he can properly assess the behavior observed during the time interval. For example, if a child was observed to be watching another child do a specific task, the observer has to find out if the former child is simply "on-looking" or if he is waiting to take his turn. There is a great difference between these two possible categories and in order to make the appropriate choice, the observer is warranted in waiting for observed "confirmatory" behavior.

Tally Sheet

There are 3 grids on the tally sheet, one for each of 3 children being observed in a single administration of the test. Each grid has 9 rows and 10 columns. The 9 rows comprise the categories of behavior; the 10 columns are the 10 separate 5-second time intervals during which observations are made. Therefore, there are 10 observations on each child totalling 30 observations in a single administration of the test.

Co-operation Tally Sheet

STARTSTOP										
Child #1										
	1	2	3	4	5	6	7	8	9	10
Assisting										
Taking Turns										
Contributing Verbally										
Responding +										
Contributing Independently			-						ļ	
Onlooking		ļ	-							
Non-Participation		-	-	 						
Responding		<u> -</u>	 	-					-	
Distracting/Disrupting								 	<u> </u>	ļ
Child #2										
	1	2	3	4	5	6	7 T	8	9	10
Assisting			-	-	-	 	-	-	-	
Taking Turns			-	-	-	-	-	-		
Contributing Verbally	1		-		-	-	-		 	
Responding +		-	-	-		-	-	-	-	
Contributing Independently		_		<u> </u>	-	-		-	-	
Onlooking		-	-		-	-	-	-		-
Non-Participation		-	-	-	-	-	-	-		
Responding		-	-		-				-	-
Distracting/Disrupting										

Co-operation Tally Sheet (continued)

STARTSTOP											
Child #3	· · · · · · · · · · · · · · · · · · ·										
	1	2	3	4	5	6	7	8	9	10	-
Assisting											-
Taking Turns											-
Contributing Verbally		ļ									-
Responding +				-							-
Contributing Independently		-		 							-
Onlooking			-	ļ		<u> </u>					
Non-Participation	· · · · · · · · · · · · · · · · · · ·	<u> </u>	-		-	-					1
Responding	į	1	-	-		-	-				-
Districting/Disrupting											

Test 7 - Inflections

General Directions

Students should come individually to the examiner. The examiner should introduce him (or her) self to the child. Every effort should be made to make the child feel comfortable and to make the task enjoyable. Frequent praise should be given for correct responses. The examiner should not make the child aware of incorrect responses.

The examiner should use the following system to record responses to the items on the Response Sheet provided:

- a check mark in Column 1 if the child's response is the expected response;
- 2. a check mark in Column 2 if the child does not attempt the item;
- 3. the phonetic spelling of the child's response if it is not the expected response in Column 3.

Answers should be recorded immediately after every response. The answer sheet should be concealed from the child when possible.

<u>Materials</u>

- 19 cards with cartoon-like figures
 - 1 mounted figure capable of action
 - 1 three-dimensional wooden figure capable of action

The 19 cards are to be used as follows;

- 1. 13 cards used for the plural of nouns (2 cards used twice),
- 2. 3 cards used for the possessive of nouns,

The mounted and three-dimensional figures are to be used for:

- 1. present indication of verbs,
- 2. past tense of verbs,
- 3. third person singular verbs,
- 4. noun derived form.

Specific Directions

The examiner should begin the test session by saying:

"I'm going to show you some pictures and give you some unfinished sentences. What you have to do is tell me what you think should finish the sentence. Here's an example."

Examiner holds up one hand and says, "Here is one hand." Then holding up both hands, "Now here are two _____."

The examiner proceeds by saying, "Now I'm going to make it a little harder. I'm not going to use real words. I'm going to use made-up words when I show you these pictures. Each time you have to finish the sentence using the made-up word. Now let's try one."

The examiner begins with the first set of pictures.

To test for noun plural forms, eight (8) tasks are used. The first 6 are production tasks requiring the child to produce responses on demand, while the last two are recognition tasks requiring the child to recognize instances of correct usage.

For the first six tasks, a singular and a plural picture is used for each task (a total of 12 cards). In each case, the examiner will show the child the first card, reading the dialogue printed on the back, and then present the second card, again reading the dialogue from the back of the card. The dialogue on the second card is an incomplete sentence which the child is to complete. The expected response is the plural form of the nonsense word provided in the text.

In the seventh task, two cards from the first 12 just presented are used. (They are the singular picture of a FOOCH and the plural picture of two YUSHES.) The examiner shows these two pictures together and asks the child to point to the picture which goes with the name FOOCH.

In the eighth task, the examiner shows one plural picture giving both the singular and plural forms of the nonsense words and asks the child to choose the best name for the picture.

For the possessive of nouns there are three tasks (tasks 9, 10, and 11) each requiring one picture. The examiner shows the child each picture and reads the dialogue from the back. The expected response is the possessive form. The examiner may provide additional explanation of the task if required.

For the comparative and superlative of adjectives again there are three tasks (tasks 12, 13, and 14) and three pictures. The examiner shows the child the picture and reads the given dialogue. The child is expected to provide the comparative form and then the superlative form of the given nonsense word (adjective). If the child fails to respond with the comparative form, the examiner should provide some further explanation of the task required, and if the child still does not respond with the correct form, the examiner should provide the answer and then proceed with the given text to try to elicit the super-

lative form.

For the next task (task 15) the GOG mounted on a spring is used.

The examiner sets the GOG in motion and has the child do the same.

The examiner reads the text from the back of the card stopping at the required points for the child to answer. Three responses are required.

The examiner should provide further explanation if needed to ensure that the child understands the task.

For the last three tasks (tasks 16, 17, 18) the wooden LEB is used. For the first task the examiner moves the LEB so that it slowly flips over; for the second task the LEB should swing slowly back and forth; and for the last task the LEB should quickly swing completely around several times. Each of these three actions is given a nonsense word (verb). The examiner may have the child also put the LEB in the prescribed motions if it seems to be appropriate. The required text for each task is printed on three separate cards provided with the materials.

DIALOGUE TO BE PRINTED ON EACH CARD

TASK	#	
1.	a.	Here is a BIP
	ъ.	and here are three
2.	a.	This is a FOOCH, and he belongs to a family.
		[to be used again in Task #7]
	ъ.	This is his family. This is a family of
3.	a.	This is a GOG
	ъ.	Here we have two
4.	a.	Here is one YUSH
	ъ.	and here are two
		[to be used again in Task #7]
5.	a.	Here is a LEB
	ъ.	and here is a whole group of
6.	a.	If this is a NIZ,
	ъ.	Then these are three
7.		se single FOOCH card and plural YUSH card]
	Po	int to the picture which goes with the name FOOCH.
	[t	o be printed on card #2 a]
8.	Ch	loose the word which sounds the best as a name for this picture
	Wo	ould you call this picture MAJ or MAJES?

9.	This is a BIP again who owns this wagon. Whose wagon is it?
	It's the
10.	Here is another YUSH. This is his balloon. Whose balloon is it?
	It's the
11.	This a MUV. He's wearing a funny hat. The hat belongs to the
•	MUV. Whose hat is it? It's the
12.	Here are three more NIZZES. If this NIZ is long (point to first
	NIZ), then this NIZ is (point to the second NIZ)
	and this NIZ is the (point to the third NIZ)
13.	Here is a whole family of BIPS. These BIPS are all the same
	(point to all that are the same), but this BIP (point to first
	tall one) is a little different. We're going to call him a TIG
	BIP. So, if this BIP (point to) is TIG, this BIP (point to
	second tall one) is more TIG, so we say he is
.:	This BIP is even more TIG (point to the tallest one). He is the
	most TIG of all the BIPS, so we say he is the
	(If the child fails to respond with the comparative form, provide
	some further explanation of the task required, and if the child
	still does not respond with the correct form provide the answer
	and then proceed to elicit the superlative form. Do the same
	for the next task.)
14	4. Here are three MUVS. What's different about these three MUVS?
	(If the child doesn't say that the ears are different, point it

	out to him [or her]). Now when MUVS have ears like these we say
	they are GUPPY. So this MUV is GUPPY (point to first one), but
	this MUV (point to second one) is more GUPPY so he is
	And this MUV is the most GUPPY (point to last one, so he is the
	•
	mmg v. 1 vill make him TT7 (Do
15,	This is a GOG who likes to TIZ. Watch, I'll make him TIZ. (Do
	it) Now you make him TIZ. (Child does it) What is he doing?
	He is He does this every day. Every day
	he Now he has stopped TIZZING. What did he
	just do? He
16.	(on separate card)
	[LEB slowly flips over]
	This is a LEB who knows how to FOD. (do it) He is FODDING now.
	He does this all the time. He always He has
	finished FODDING now. He has
17.	(on separate card)
	[LEB swings slowly back and forth]
	This LEB can also SWICK. (Do it) He is SWICKING now. He does
	this whenever he can. Every chance he gets he
	(after LEB stops)
	What did he just do?
18.	(on separate card)
	[LEB swings slowly back and forth]
	This LEB also like to PLING. (Do it) He is PLINGING now. He

did	this yesterday	too. What	did he do	yesterday?	Yesterday
he _		•			•
What	t would you cal	L someone who	ose job is	to PLING?	He would
be a	а	•			

Inflection Scoring Sheet

St	udent N	ame:		School:		
Co	ding:	If the child	gives the ex	pected respons	se, place a " √	'" in column
	(2)	two.			place a " √ "	
	(3)	If the child one, record	l gives a resp it phonetical	onse which is ly in column	different from	the expecte
Task	Expect	ed Response	(1) Exp. Res.	(2) No. Att.	(3) Ph. Spell.	Comments
1.	BIPS					
2.	FOOCHE	S	·			
3.	GOGS					
4.	YUSHES					
5.	LEBS	:				
<u>6.</u>	NIZZES (Point FOOCH					
8.	MAJES					
9.	BIP'S					
10.	YUSH'S	3				
11.	MUV'S					
12.a	LONGE	R				
ъ		ST				
13.2	TIGGE	R				

TIGGEST

TASK	Expected Response	(1) Exp. Res.	(2) No. Att.	(3) Ph. Spell.	Comments
14.a)	GUPPIER				
b)	GUPPIEST				
15.a)	TIZZING				
<u>ъ</u>)	TIZZES				
c)	TIZZED				
16.a)	FODS				
b)_	FODDED	,	·		
17.a)	SWICKS				
b)	SWICKED				
18.a)	PLINGED	·			
b)	PLINGER				